

### GOVERNMENT OF PUDUCHERRY BHARATHIDASAN GOVERNMNET COLLEGE FOR WOMEN (Autonomous) PUDUCHERRY-605003 2020-21

## Mentoring the students: From induction to placement /higher progression

# **Objectives of the Practice**

- The objective of this practice is to provide guidance, support, and advice to students to help them
  navigate in their academic, personal, and professional lives.
- The underlying principles of this practice include building trust, establishing a collaborative relationship, fostering personal growth, and developing leadership skills.
- To make every student a valuable asset as an alumni and responsible citizen.
- To give equal opportunity who are coming from poor economically, socially background

## The Context

The Indian higher education system is characterized by a large and diverse student population, a highly
competitive job market, and increasing demands for career-ready graduates. Many students face
challenges such as academic stress, mental health issues, lack of career guidance, and limited
opportunities for personal and professional development. The need for mentoring is therefore critical
to ensure that students are equipped to succeed in their academic and career paths.

#### The Practice

- The mentoring practice involves assigning a mentor to each student, who provides personalized guidance and support throughout their academic journey. The mentor helps the student identify their goals, strengths, and challenges, and provides guidance on academic planning, skill-building, and career exploration. The mentor system also assists with personal development, including stress management, time management, and goal setting.
- The uniqueness of this practice lies in its personalized and holistic approach, which recognizes that students' academic and personal lives are interrelated. The practice is designed to be student-centred, with mentors adapting their approach to the individual needs and goals of each student. Seminars/ workshop are conducted time to time by the noted experts in their fields.
- Constraints faced in implementing the practice include limited time and monitoring, and the need to
  ensure that mentoring relationships are ethical and effective.

#### **Evidence of Success**

The practice has been implemented and has demonstrated positive outcomes in terms of student
engagement, satisfaction, and academic performance. Students who participated in the mentoring
program reported higher levels of academic motivation, satisfaction, and achievement. The program
has also been successful in improving students' soft skills and employability, with a higher proportion
of mentored students securing internships, start ups and job offers compared to non-mentored students.

## **Problems Encountered and Resources Required**

- One of the main challenges encountered in implementing the practice is tracking/ monitoring evaluation, as well as a commitment from both the mentor and mentee.
- It is also important to establish partnerships with industry and alumni networks to provide students with exposure to real-world career opportunities and industry insights to make them future ready...

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