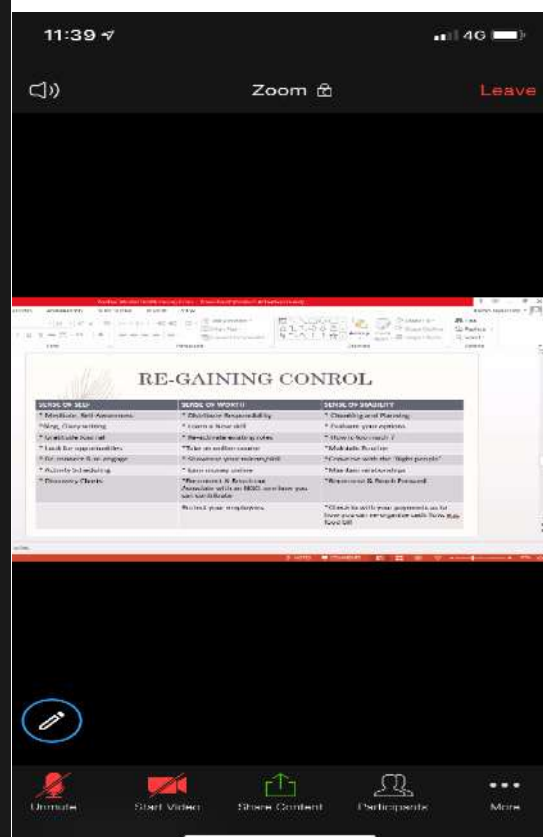
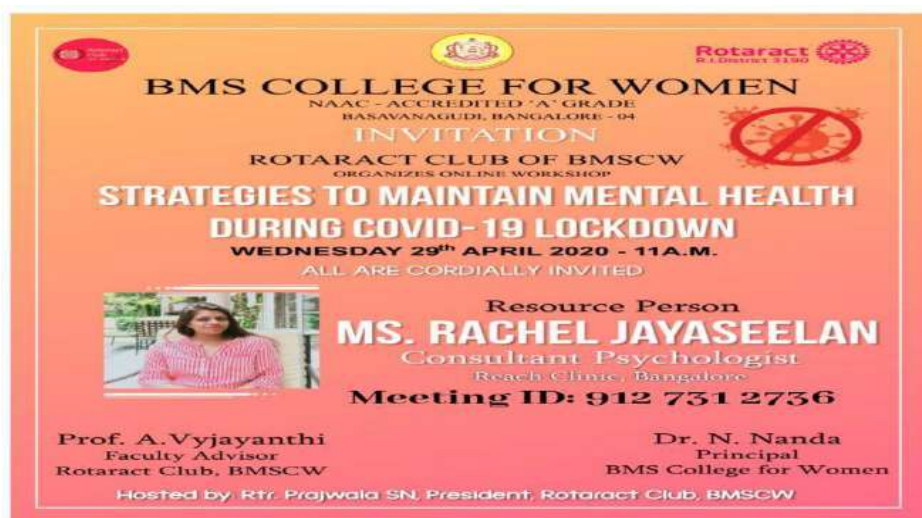




ACTIVITIES OF THE ROTARACT CLUB OF BMSCW 2020-2021

ACTIVITY 1

Rotaract Club organized an Online Workshop on “Strategies to Maintain Mental Health during COVID-19 Lockdown” on 29/4/2020.



ACTIVITY 2

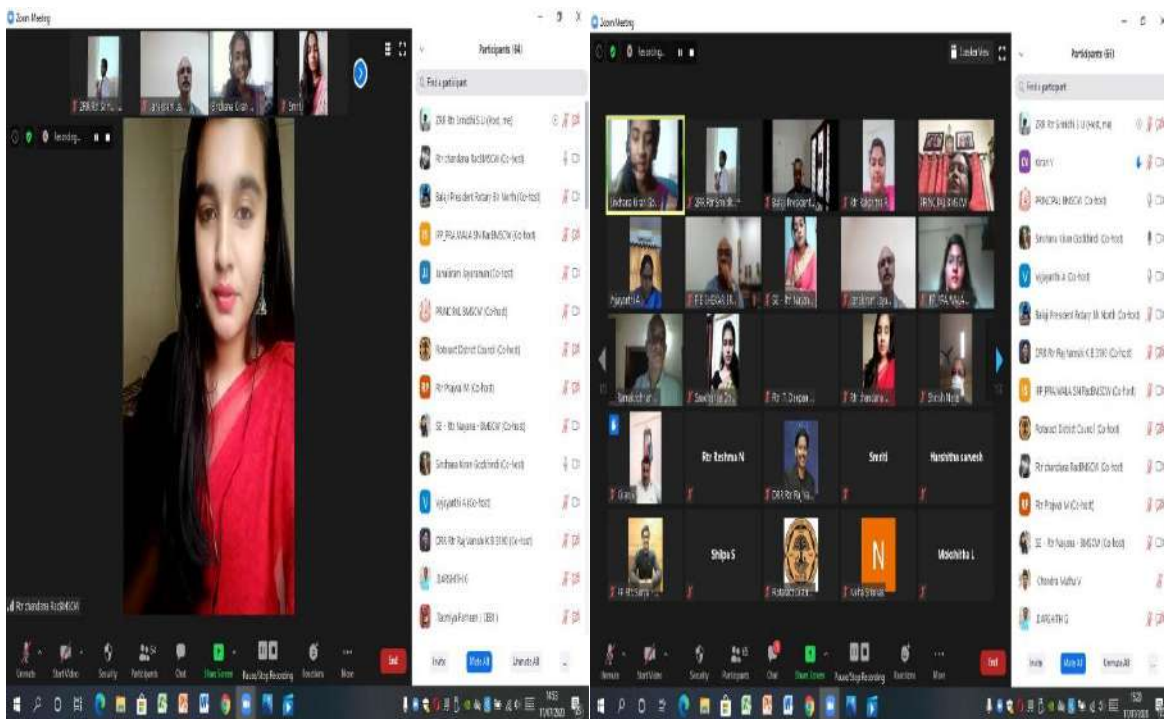
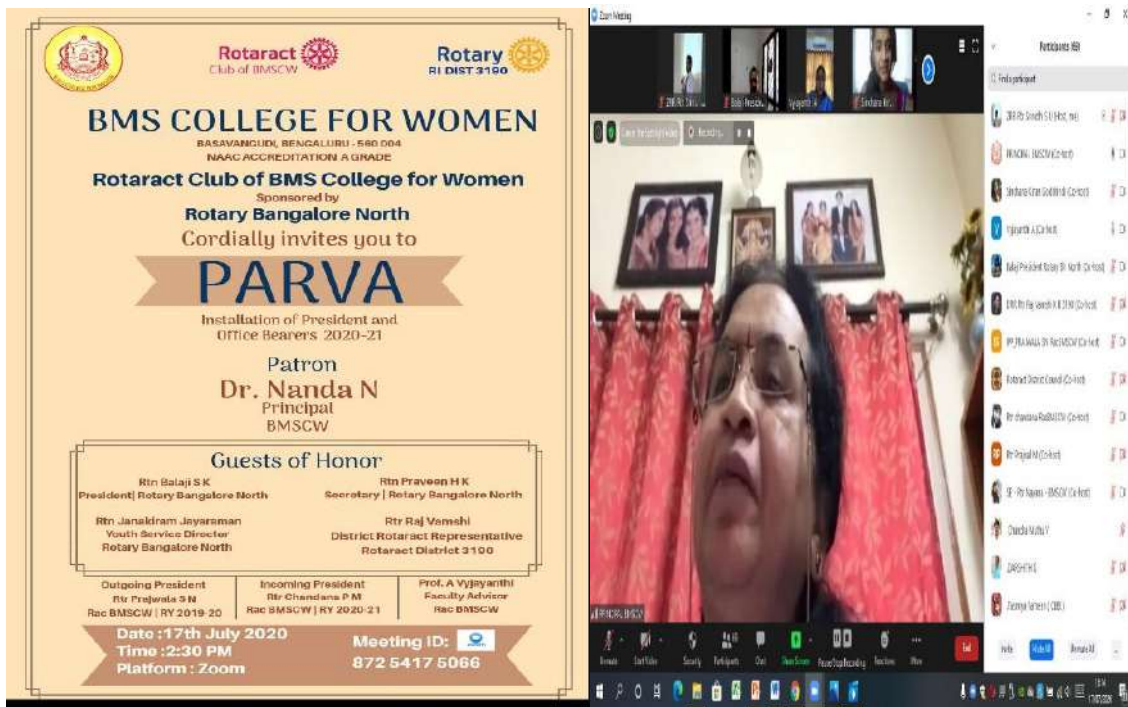
Rotaract Clubin association with NIIT Mumbai organized an e-workshop on Career Guidance in the field of Banking and Finance on 22nd June 2020 for the students of all streams for creating an awareness on availability of various job opportunities available in Banking, Financial Services and Insurance Industry.

The image shows a Zoom meeting interface. The main screen displays a presentation slide titled "CAREER GUIDANCE IN THE AREA OF BANKING AND FINANCE". The slide is organized by the Rotaract Club of BMSCW in collaboration with NIIT, presenting a District Level Workshop on June 22nd, 2020, from 2:00 PM to 3:30 PM. The speakers listed are Dr. Alok Malhotra, a senior mentor and education delivery lead at NIIT IFBI with 30 years of experience, and Mr. Niranjani Mohite, a regional lead for West and South for BFSI at NIIT with 18 years of experience. The slide also includes registration details: no fee for the workshop, separate registration for students, and a Zoom link for 350+ participants. The meeting ID is 973 0930 5749. The Zoom interface shows a "Leave" button in the top right and a bottom toolbar with "Unmute", "Start Video", "Share", "Participants", and "More" options.

The image shows a Zoom meeting interface with a list of participants on the right side. The main screen displays a presentation slide titled "Basic Qualification". The slide lists the following criteria: Age (Between 19-26 years at the time of admission), Education (Fresh graduates in any stream with minimum 50% marks), Experience (Some candidates may come with 1-2 years of work experience), and Background (Could be from Metro/ Tier II/ Tier III/ Tier IV cities). The participant list on the right shows 216 participants, with the following names visible: Sneha M H, Sneha Sampath, Sneha Suresh, Soundarya.D, Sowmya A 90, Sunitha M, Supriya R, Sushmitha R, Swapna D, and Swathi M. Each participant has a status icon (SM, SS, S, SR, SM) and a "Close" button. The Zoom interface shows a "Leave" button in the top right and a bottom toolbar with "Unmute", "Start Video", "Share", "Participants", and "More" options.

ACTIVITY 3

Rotaract Club organized the Virtual Installation Ceremony -PURVA on 17th July 2020 for inducting the President and Office Bearers of the Rotaract Club of BMS College for Women for the Rotary Year (July – June) 2020-2021. Rotaractor ChandanaPM of Final year B.Com was inducted as the Club President. Principal Dr.Nanda N addressed the participants and congratulated the newly inducted President and other Office Bearers.



ACTIVITY 4

Project UpliftHer a Five Day Webinar on Woman Empowerment was organized by Rotaract Club from 20th July to 24th July 2020. The project was initiated to empower woman and was graced by woman achievers standing as role model in uplifting women in the society.

Rotaract
R.I. District 3190

DAY 2

DAY 3

DAY 4

DAY 5

DAY 1

Rotaract Club of BMSCW INITIATES

PROJECT

#UPLIFTHER

A 5 DAY WEBINAR ON WOMEN EMPOWERMENT

20 - 24 July 2020
6 pm - 7 pm

MEETING ID : **830 2026 3799**

JOINING WITH US :

Day 2: 21st July 2020
Webinar Topic: Sustainable Menstrual Hygiene
Guest Speaker: Dr. Meenakshi Bharat
Gynaecologist

BMS COLLEGE FOR WOMEN
BASAVANAGUDI, BENGALURU - 560004
NAAC ACCREDITATION A GRADE

Rotaract
Club of Rotaract

Initiates
Project
#UPLIFTER
A 5 Days Webinar on Women Empowerment

Day- 2
Sustainable Menstrual Hygiene
Speaker
Dr. Meenakshi Bharath
Gynaecologist & Fertility Specialist, Green Campaigner
Founder- Green the red Campaign

Be informed, Be proactive, Be involved.

Day & Date
Tuesday
21 July 2020

Meeting ID
830 2026 3799

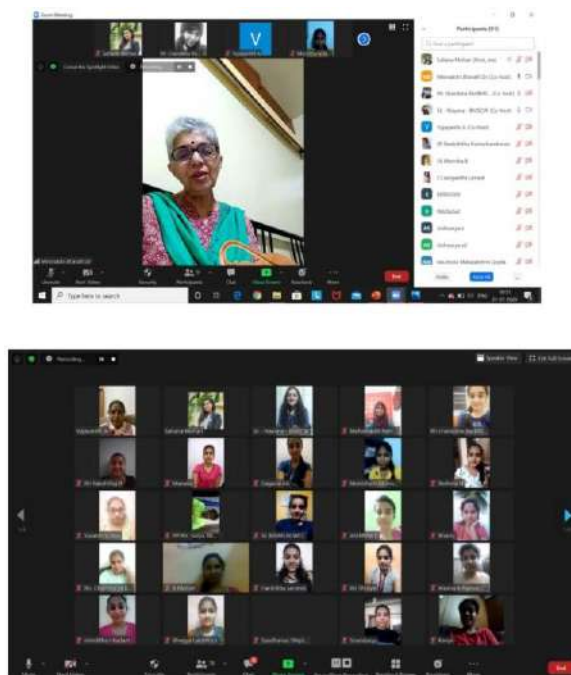
Time
6pm to 7pm

Joining hands with us:

Rotaract
Rotaract Club of Rotaract

Rotaract
Rotaract Club of Rotaract

Rotaract
Rotaract Club of Rotaract



New products for Menstrual hygiene

Impact on ENVIRONMENT

More than a New solution, we need a new mindset.

Rash free, Trash free, Cash free periods

Can one use the menstrual cup with CuT?

Yes.

Maintaining hygiene of a used cloth pad is easy with these steps!!

Cloth Pad

Menstrual Cup

Use a cloth pad from Menstrual to Menstrual, and from 100% Biodegradable cloth to Menstrual cup.

Dr. Meenakshi Bharath a Gynaecologist and a green campaigner who addressed on best sustainable menstruation, created awareness about impact on environment due to wrong disposable methods.

Day 3: 22nd July 2020

Webinar Topic: Great Talents in the field of Art and Culture

Guest Speaker: TaskeenFathema

Self Taught Mixed Media Artist

BMS COLLEGE FOR WOMEN
BASAVANAGUDI, BENGALURU - 560004
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Rotaract Club of BMSCW

Initiates
Project #UPLIFTER
A 5 Days Webinar on Women Empowerment

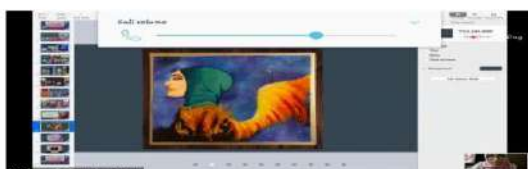
Day- 3
Great Talents in the field of Art and Culture
Speaker
Taskeen Fatema
A Self-taught Mixed Media Artist, Abstract Art, Landscapes, and Calligraphy (Arabic & English), and also a French Tutor.

Creative mind, Soft heart & hard work by default

Day & Date Friday 24 July 2020
Meeting ID 830 2026 3799
Time 6pm to 7pm

Joining hands with us;

Rotaract Club of BMSCW



Day 4: 23rd July 2020

Webinar Topic: Women Warriors in the field of Civil Services

Guest Speaker: Tmt. S.Madhumathi IAS

Secretary to Government, Secretariat Chennai.

BMS COLLEGE FOR WOMEN
BASAVANAGUDI, BENGALURU - 560004
NAAC ACCREDITATION A GRADE

Rotaract
Club of BMSCW

Project #UPLIFTER
Initiates
A 5 Days Webinar on Women Empowerment

Day- 4
Women Warriors in the field of Civil Services

Speaker
Tmt. S. Madhumathi IAS
(Tamil Nadu 2003)
Secretary to Government,
Social Welfare and Nutritious
Meal Programme Department

*Instead of cursing the darkness,
light a candle.*

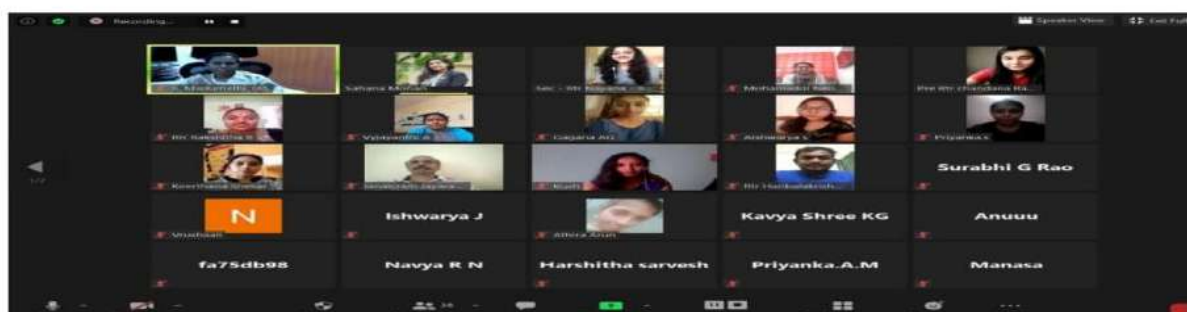
Day & Date
Friday
24 July 2020

Meeting ID
830 2026 3799

Time
11:30am to 12:30pm

Joining hands with us:

Rotaract **Maharani Jaganmoyi's ACM College**



Tmt. S Madhumathi IAS Secretary to Government, Department of Social Welfare, Nutritious Meal Programme and Secretariat Chennai, in her address stated that by providing education to girls, society can not only be free from child marriage and sexual abuse, but there can also be development of society.

Day 5: 24th July 2020
Webinar Topic: Passion to Profession
Guest Speaker: Joanna Deepika
Entrepreneur & Event Stylist



Miss Joanna Deepika an Entrepreneur, Crafter and Event Specialist inspired youth on creative and innovative ideas on how to convert passion to profession.

ACTIVITY 5

Covid-19 18+ Vaccination Awareness Activity

A video activity with message from Principal Dr.Nanda N and students creating awareness on 18years+ Vaccination and its procedure was made by Rotaract Club on 28th April 2021.



Have a heart



.... Lend a hand

Stand out and Make a difference



Rotaract Club

BMS College for Women

Basavanagudi, Bangalore - 5600 04

Rotary



Rotaract
R.I. District 3190



Rotaract
Club of BMSCW



#team
UpliftHer
2019-21
Explore - Evolve - Exact





ACTIVITIES OF THE ROTARACT CLUB OF BMSCW 2019-2020

ACTIVITY 1

Rotary Pre-Induction Programme was organized for the students on 29th August 2019 @ 2p.m in B S Narayan Hall to orient the students about the club and its activities.



ACTIVITY 2

Rotaract Club of BMS College for Women was inaugurated on 20th September 2019. The Chief Guest was Rtn. John Bruno, District 3190 Rotaract Chairman, who also delivered a key note address.



ACTIVITY 3

A talk on “PCOD and PCOS” (Polycystic Ovarian Disease and Polycystic Ovarian Syndrome) - Awareness, Management and Prevention was given by Dr. Monitha H N on 20th September 2019.



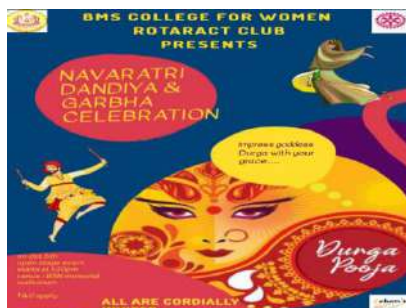
ACTIVITY 4

Collection of Single use plastic waste in the campus for recycling purpose was started on 26th September 2019



ACTIVITY 5

On the occasion of Navarathri, Dandiya and Garba Dance Programme was organized on 5th October 2019 in B S Narayan Memorial Auditorium.



ACTIVITY 6

Rotaract Club organized the Installation Ceremony 'SHEROES' - Ready to Take Off on 22-01-2020.

Ms. Prajwala S N of III year B.Com was inducted as the President of the club for the Rotary year 2019-2020 (July- June). Certificate of Organization Globally recognizing Rotaract Club of BMSCW was given to the college.



ACTIVITY 7

Rotaract Club in association with Parihar, a registered Charitable Institution supported by Bengaluru City Police and managed by team of Counsellors with vast experience in social work, organized an awareness programme on Women Safety and Cyber Crime on 05/02/2020. Dr. Anuradha Psychologist and Counsellor, National Institute of Public Cooperation and Child Development oriented on women security and safety measures.



ACTIVITY 8

Rotaract Club in association with Placement Cell conducted a session on “Career Opportunities in VFX, 2D and 3D Animation and Game Development’ on 05/02/2020.

